



Potomac  
Community  
Village

Sept. - October 2017

*"your roadside assistance on the journey of life"*

240-221-1370

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www.PotomacCommunityVillage.org

## Potomac Community Village News

### Friendship, Help, Connections! At our Help Desk 240-221-1370

In the last year, we published articles about two members who called the Help Desk and received the assistance they needed, one because of a car theft and the other due to a house fire. Fortunately, most circumstances that prompt calls are not as dramatic as these. PCV members call for information or event registration, for help with household chores or computer problems and for referral to tradespeople. The plurality of requests are for rides to medical appointments, etc, and these are the most difficult requests to accommodate. Though our members know that rides are not guaranteed, we're pleased that a majority of ride requests are able to be met by our wonderful volunteer drivers. In July and August, there were 109 calls to the Help Desk with a wide range of requests. Forty-seven were for rides and more than one-fifth of these could not be granted because of driver unavailability. Now YOUR help is needed! See below and call us at 240-221-1370 to find out more.

### A Drive for More Drivers!

PCV is starting a new campaign for volunteer drivers, called "A Drive for More Drivers," and is asking those who volunteer to drive PCV members to commit to driving a minimum of three times in the next 12 months. While we would be delighted if volunteers could drive more often, we understand that our volunteers also have other obligations, such as work, travel and family needs.

PCV has more than two dozen people who have volunteered as drivers, but we need more, to meet the needs of our growing membership and additional requests for rides to medical and dental appointments, or to some of PCV's social and educational programming.

It's easy to become a volunteer driver – you are trained and undergo a background check. Drivers are not expected to provide medical assistance and are to call 911 in case of emergency. Drivers do not offer hands-on assistance, such as helping someone in a wheelchair – riders are able to get in and out of a car on their own. Call us to learn more, and we'll tell you all about it - 240-221-1370.

*At right is PCV's Volunteer of the Year, Cecilia Balchun, who was recognized in July at our Volunteer Appreciation Program for her services as a volunteer driver. Cecilia logged 33 round-trip rides in 11 months, for a total of 827 miles, and continues to offer rides to PCV members. But she is indeed unusual, with most drivers able to offer rides much less often.*



### Coming in October...

**Free, and open to all: "A Life of My Own: Meeting Eleanor Roosevelt"**

**Thursday, Oct 19, 7-9 p.m., Potomac Community Center**

*Plus...Lunch at El Mariachi, members only, Wed. Oct. 4*

*Open to all social lunch at Tally Ho, Tuesday, Oct. 10*

*Book Group, Walks on the Canal, Bike Rides, ROMEO Lunch, Movies, Potomac Day*

*Trip to Glenstone Museum, members only, Saturday, Oct. 28*

**Details on the other side!**

## Eating out with friends and neighbors!

**Celebrating Hispanic Heritage Month, Wed. Oct 4, 1 – 3, PCV members. RSVP by Wed. Sept. 27.**

Come have lunch with other PCV members as we recognize Hispanic Heritage Month and have a delightful lunch at El Mariachi, on Rockville Pike. The restaurant will offer separate checks and we can order what we choose from the regular menu, including vegetarian. To reserve your spot for this member-only luncheon, 240-221-1370 or [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org), but we must hear from you no later than Wed. Sept. 27.

**Tally Ho Social Lunch, Open to all, attendees pay for their own meal.** Come have lunch with PCV members and friends, **Tuesdays, Oct. 10, and Nov. 14, from noon to 1:30**, at Tally Ho Restaurant. It's open to all, and an opportunity to get to know our Potomac neighbors, chat about aging in place, etc. RSVPs preferred, please, by the Monday before each lunch, 240-221-1370 or [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org).

**PCV's member-only just for men ROMEO social lunches (Retired Older Men Eating Out), on Thursdays, September 28 and October 26, at 12:30**, at the Corner Bakery, Westlake Drive near Montgomery Mall, with members paying for their own meal. Please RSVP by the Tuesday before, at 240-221-1370 or [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org). Please let us know if you need a ride or can provide one.

### **Thursday, October 19, 7 p.m. at the Potomac Community Center “A Life of My Own: Meeting Eleanor Roosevelt”**

Join us on October 19 for a free special program, when Linda Kenyon, an actor with Senior Theatre, gives us an opportunity to spend time with Eleanor Roosevelt. In the words of Senior Theatre, “Mrs. Roosevelt was the most revered woman in 20th century America. Across the country and the world she gave voice and action to help those who needed recognition and support.” As her granddaughter said, “she became an inspiration to people of good will all around the world. Her life and work has made our country and our world a better place to live.” Ms. Kenyon has portrayed other notable women such as cook/author Julia Child and athlete Babe Didrikson Zaharias. Questions? Call us at 240-221-1370. The Potomac Community Center is at 11315 Falls Road.

## Some Pleasant Walks on Tap for PCV members

Come join a friendly group of walkers as we walk along the C&O Canal, **Sunday, Sept. 24, Sat. from 10 – 12, and on Sat., October 7 and Sunday, October 22, from 9:30 – 11:30**. We'll then gather for something to eat (refreshments are self-hosted), and getting to know each other. Walks are cancelled if it's raining. To sign up, learn more, 240-221-1370. We're also looking into member-only bike rides. Please call us if you are interested.

## Volunteers Needed for Potomac Day, Sat. Oct. 21

Volunteer help needed, from members or non-members, as parade marshals (standing along the parade route), and for marching in the parade, handing out fliers and staffing our booth. Parade marshal volunteers need to be able to stand for about 2 hours, and be available from 9:30 (to get their vests and PCV buttons) until the parade ends at about noon. Volunteers to staff the PCV booth are needed from about 9:30 until 2, in 2-hour shifts. We also need someone to take pictures. For more information, please contact us at 240-221-1370.

## Saturday, October 28, a visit to Glenstone, for members!

Limited openings for a visit to the Glenstone Museum in Potomac, to see the current exhibit, enjoy a guided tour of the outdoor sculptures, walk around the grounds and appreciate the fall foliage. Our time-slot at the Museum begins at 10. We plan to have a bagel brunch at a private Potomac home beforehand. To reserve your space for this member-only tour, or for questions, 240-221-1370 or [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org).

### **Other Upcoming PCV Events, not listed above: Call 240-221-1370 for details**

**Tuesday, Sept 19: Falls Prevention Lunch & Learn**, open to all, 12:30 - 2, Potomac Community Center

**Tuesday, Sept 19: Book Group**, members, 1:30 - 3:30, discussing *Britt-Marie Was Here*, by Fredrik Backman

**Tuesday, Oct 17: Book Group**, members, 1:30 – 3:30, discussing *The Rent Collector*, by Camron Wright

**Friday, Oct. 27: Daytime Movie**, 12 - 2, open to all, movie title not yet known. Potomac Community Center.

**Friday, Nov 3: Lunch & Learn**, with author Eric Lichota on his book, *Five Uniforms*, in recognition of Veterans Day. Open to all, Potomac Library, 12:30 – 2.