



Potomac  
Community  
Village

Oct. – Nov. 2017

*“your roadside assistance on the journey of life”*

240-221-1370

info@PotomacCommunityVillage.org

www.PotomacCommunityVillage.org

## Potomac Community Village News

### It Takes a Village...

Yes, you're probably connecting that familiar phrase to the idea of adults collectively looking out for the children in our community. But it also applies at the other end of the time line for us older adults who want to remain in our existing homes and community – what's called “aging in place” or “aging in community.” Potomac Community Village helps us to look out for one another, offering volunteer assistance for members who need a neighborly helping hand. It could be a ride to a medical appointment, help with a household chore or a minor repair or a computer problem. Volunteers also make phone calls and visit with members who may not be able to get out much, just to see how they are doing, and offering an emotional boost.

One of those members called us recently to thank PCV, saying, “I really appreciate the help and support I've been receiving from PCV volunteers, as I couldn't have done it without their help.”

What else does PCV do? Social, educational and wellness activities keeping us engaged in our community and creating new friendships. We offer trips to theaters, museums and concerts; social lunches multiple times a month and special events such as our End of Summer party; our book group and walking group; and Lunch & Learn programs, daytime movies and speakers on a variety of topics – some serious and many simply fun. To learn more, call 240-221-1370, email info@PotomacCommunityVillage.org, visit our website or Facebook page: www.PotomacCommunityVillage.org, or www.facebook.com/PotomacCommunityVillage.

### Daytime Movie: *Smokey Joe's Café*, Friday, Oct. 27, at noon

Free and open to all, at the Potomac Community Center. RSVP by Wed., Oct. 25, to 240-221-1370.

### Lunch & Learn, Friday, Nov. 3, 12:30, at the Potomac Library

We know stories of national and military leaders who led their countries through the Second World War and stories of some of the military units that participated in major battles. At this open-to-all Lunch & Learn, Eric Lichota, author of *Five Uniforms*, tells a different kind of story, a story of a young boy who was caught up in the German invasion of Poland and separated from his family. It is the story of his father, Kaz, who fought his way across Europe in four different armies, trying to stay alive, and in the process transforming himself from an illiterate youth to a multi-lingual leader. Join us on Friday, November 3, 12:30 p.m., at the Potomac Library. Please RSVP by Wed., Nov 1, at 240-221-1370 or info@PotomacCommunityVillage.org .

### Fire Safety Home Inspections on Nov. 1- 3: Details on other side

*Coming soon... PCV presents...*

Free and open to all: “10 Things You Can Do Using the Cloud”

Thursday, Nov. 16, 7-9 p.m., Potomac Library

*Plus our open-to-all social lunch at Tally Ho on Tues., Nov. 14; our Book Group, a Walk on the Canal, ROMEO Lunch, New Members Get-Together, Potomac Day, Glenstone Museum*

*Details on the other side!*

## Thursday, Nov. 16, “10 Things You Can Do Using the Cloud”

What is cloud computing and why should we care? Cloud computing means storing and accessing data and programs over the Internet instead of on a computer's hard drive, and it has become an increasingly integrated part of technology use. On Thursday, Nov. 16 at 7 p.m., we'll hear Victor Rezmovic, an IT consultant and teacher of cybersecurity and technology at local colleges, talk about “Ten Things You Can do Using the Cloud,” how “The Cloud” has impacted computer users and how we can benefit from it. Topics will include Google and Alexa, Echo, Microsoft Office 365 as a preview of future software, cloud alternatives to cable TV and cloud safety. Join us at the Potomac Library, Thursday, Nov. 16, at 7 p.m. for this free and open to all program.

## A Drive for More Drivers!

PCV is continuing our campaign for volunteer drivers called “A Drive for More Drivers,” and is asking those who volunteer to drive to commit to a minimum of driving three times in the next 12 months. While we would be delighted if our volunteers could drive more often, we understand that our volunteers have other obligations, such as work, travel and family needs. Though we have many volunteer drivers, we need more to be able to meet the needs of our growing membership and the increased number of requests for rides to medical offices, or to some of PCV's social and educational programming. It's easy to become a volunteer driver – you are trained and undergo a background check. Call us to learn more, and we'll tell you all about it - 240-221-1370.

## Member Benefit: Fire Safety Home Inspections, Nov. 1, 2, 3

A joint effort between PCV and Montgomery County's fire department offers a free member benefit of fire safety home inspections to make sure your smoke detectors are current and are properly installed. **The goal of this program is to protect you, and make it less likely for any of us to be injured or die in the event of a fire.** The inspection will also include an evaluation of your home's safety, its exits, and your emergency plans. The firemen will also install new 10-year sealed battery-power smoke detectors and carbon monoxide monitors which you have purchased and have on hand before the inspection or will help with changing batteries. If you need to replace existing hard-wired detectors you will need to hire an electrician. Appointments are available for PCV members on a first-come, first served basis, and be made in advance. Please call 240-221-1370, to learn more.

### On the PCV Calendar: Call 240-221-1370 for details

- **Saturday, Oct. 21, Potomac Day! 10 – 2:** Come watch us walk in the parade, and come visit our booth. Potomac Village near Wells Fargo Bank. Call us at 240-221-1370 for more information.
- **Sunday, Oct. 22, 9:30 – noon: Members' Walk on the Canal.** Come join a friendly group as we walk along the C&O Canal, then gather for self-hosted refreshments. The walk is cancelled if it's raining.
- **Tuesday, Oct. 24, 3 – 5 p.m. New and Newer Members Social Get-Together.**
- **Thursday, October 26, at 12:30: ROMEO social lunch for men who are members,** at Corner Bakery, Westlake Drive. Members pay for their own meal. RSVP by Oct. 24, 240-221-1370.
- **Friday, Oct. 27, Daytime Movie, 12 noon:** Free, open to all, for the wonderful *Smokey Joe's Café*, featuring the songs of Stoller and Leiber. Potomac Community Center, RSVP by Wed., Oct. 25.
- **Sat. Oct. 28, 10 a.m. Members' Tour at Glenstone.** All spaces taken. Call if interested for waiting list.
- **Wed. Nov 1 – Friday, Nov. 3: Fire Safety Home Inspections.** See article above.
- **Friday, Nov 3, 12:30 – 2: Lunch & Learn,** with author Eric Lichota on his book, *Five Uniforms*, in recognition of Veterans Day. Open to all, Potomac Library. See other side for details.
- **Sunday, Nov. 5, 9:30 – noon: Members' Walk on the Canal.** See above for details.
- **Tuesday, Nov. 14, from noon to 1:30: Social Lunch, Open to all, attendees pay for their own meal.** Come have lunch with PCV members and friends at Tally Ho Restaurant, for an opportunity to get to know our Potomac neighbors, chat about aging in place, etc. RSVPs preferred, by Monday, Nov. 13.
- **Tuesday, Nov. 14, 1:30: Book Group,** members, discussing *From Sand and Ash*, by Amy Harmon.
- **Thursday, Nov. 16: Learn all about Cloud Computing and how it can help you.** See article above.