



Potomac
Community
Village

Nov. – Dec. 2017

“your roadside assistance on the journey of life”

240-221-1370

info@PotomacCommunityVillage.org

www.PotomacCommunityVillage.org

Want to know more, or want to join? Call us at 240-221-1370

Potomac Community Village News

Holiday Friends and Storm Buddies

As winter and the Holiday Season approach, we begin to think about gathering with friends and with being safe when winter storms hit. PCV has programs for members that deal with both of these concerns and provide assurances:

- Our **Holiday Friends** program, under which members share their Thanksgiving feast or another holiday meal, with another member of two who might otherwise be alone on the holidays.
- Our **Storm Buddies** program. Members can get a phone call checking on their well-being when the weather turns threatening - snow, ice, power outages, etc.

Any members who'd appreciate an invitation, or want to be a host, or get a phone call when it snows, or just want to know more about either or both of these member programs, please call us at 240-221-1370.



Winter Pot Luck Dinner, and entertainment, Thursday, Dec. 14, 6 p.m., at the Potomac Community Center

We're delighted to be offering our annual Winter Pot Luck Dinner, featuring Rob Gould, local singer / songwriter pictured at left, who performs throughout the D.C. area. Open to all in our community, the pot luck dinner is at the Potomac Community Center, 11315 Falls Road, Potomac, Thursday, Dec. 14, 6 – 9 p.m. No cost – just bring a dish to share. Commercially prepared food from the supermarket or restaurant take-out is fine, so no need to cook unless you want to! However, we are unable to re-heat food, so if it needs to be hot, you need to bring it already heated.

The following food assignments are based on the first letter of your last name. Please bring approximately 8 – 10 servings.

- **A – D:** Pasta (spaghetti with a light sauce, mac and cheese, miso noodles, pasta salad, etc.)
- **E – J:** Entrees / main dishes (your choice. Home-cooked, or could be BBQ chicken from the supermarket or take-out pizza, or something that started out frozen. It's whatever main dish you want to bring, because your being with us is much more important than whether or not you cook.)
- **K – N:** Appetizers (such as cheese and crackers, veggies or chips with hummus or other dip, egg rolls, stuffed vegetables etc.)
- **O – R:** Desserts.
- **S – V:** Fresh salads (such as cole slaw, carrot salad, Caesar, Waldorf, tossed green, potato salad, etc.)
- **W – Z:** Vegetables as a side dish. (Could be baked beans or sautéed, steamed or roasted veggies.)

After dinner, we'll be treated to original songs and music by Mr. Gould, who finds inspiration from Bob Dylan, James Taylor, John Prine, Van Morrison and Neil Young.

Please RSVP for the potluck dinner by Tuesday Dec. 12, at info@PotomacCommunityVillage.org or by calling 240-221-1370. Any questions, please call us at 240-221-1370.

See other side for all about our “Get to Know PCV” event, Tuesday, Dec. 5

Want to know more about joining, getting more involved or volunteering?

Come to our “Get to Know PCV” event, Tues., Dec. 5, 2 pm

It's a social get-together, on Tuesday, Dec. 5, at 2 p.m., designed to introduce you to some of our members and volunteers, and answer any questions you may have about Potomac Community Village. We also want to make sure you know about all the benefits available to PCV members, and about the many ways in which you can help others in our PCV community, even as a non-member. In fact, some of our very active volunteers are not members.

You are welcome to bring friends with you, even those who are not yet ready to join but want to know more about us, or are considering volunteering, or don't live in 20854 and are interested in Associate Membership. Please let us know how many people are coming when you RSVP, so we have enough chairs and refreshments. Please RSVP by Thursday, Nov. 30, at 240-221-1370, or info@PotomacCommunityVillage.org. The get-together is at a private Potomac home – we'll give you location and directions when you RSVP. And please let us know if you need a ride when you call. The sooner you call, the easier it will be to arrange for the ride.

Come for Lunch! Tuesday, Dec. 12, at Tally Ho Restaurant

It's our monthly Social Lunch, Tuesday, Dec. 12, from noon to 1:30. We gather at Potomac Village's Tally Ho Restaurant, 9923 Falls Road, for a tasty bite and spirited conversation. Member and non-member neighbors come together, connect with old friends and make new ones. *Open to all, attendees pay for their own meal.* RSVPs preferred, to 240-221-1370, by Monday, Dec. 11.

Walks, Museums, Fire Safety, Lunches, Books, much more...

Fall has been a busy season for PCV's members, with more than a dozen member-only programs: multiple Walks on the Canal; docent-led tours at the Library of Congress and Glenstone Museum; ROMEO (Retired Older Men Eating Out) lunches and our Hispanic Heritage Month lunch; three book group gatherings, our New Members Get-Together; and our Fire Safety Home Inspections. All of these programs engage our minds, offering food for thought and food for eating, engagement with our community, social connections and safety in our homes.

Our book group continues to meet each month, with a discussion on *Once We Were Brothers*, by Ronald H. Balson, set for Dec. 19, and *The Spirit Catches You and You Fall Down*, by Anne Fadiman, set for Jan. 16. Our ROMEO (Retired Older Men Eating Out) lunch returns on January 25. Looking ahead, we're planning for a Chinese New Year lunch in February, a St. Patrick's Day lunch in March, additional museum tours, and some indoor walks for our Walking Group members.

We welcome your ideas and volunteer help in planning and organizing these and other events. Are you a docent at a museum and can arrange for a tour? Do you like to eat and want to arrange a lunch for a group? Are you an expert of some kind and want to share your knowledge with a small group of interested people? Would you like to gather a small group for bowling? Scrabble? Bridge? Dining out? Movies? Get in touch - call 240-221-1370 or email us at info@PotomacCommunityVillage.org, and let's talk about the possibilities.

A Drive for More Drivers!

PCV is continuing our campaign for volunteer drivers called “A Drive for More Drivers,” and is asking those who volunteer to drive to commit to a minimum of driving three times in the next 12 months. While we would be delighted if our volunteers could drive more often, we understand they lead busy lives and have other obligations. Though we have many volunteer drivers, we need more to be able to meet our members' needs for rides to medical offices or to PCV's social and educational programming. It's easy to become a volunteer driver – you are trained and undergo a background check. Call us to learn more. We'll tell you all about it - 240-221-1370.

Thank you to: Carol Nerenberg, of Berkshire Hathaway PenFed Realty's Bethesda office, for printing our newsletters each month and for offering her home for the New Members Social Get-Together last month. Carol can be reached at 202-957-5559, or carol@carolnerenberg.com. Thanks as well to the **Potomac Community Center** and **Potomac Library** for providing free meeting space, **Chiptole**, **Totally Polished** and **Oasis** for providing gift cards for our fundraising raffles, and to **Tally Ho Restaurant** for providing a discount to PCV members.