



Potomac
Community
Village

March – April 2018

“your roadside assistance on the journey of life”

240-221-1370

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www.PotomacCommunityVillage.org

Want to know more, or want to join? Call us at 240-221-1370

Potomac Community Village News

PCV's Suggested Contractor List Reduces Stress, Saves Time for Members

Here's a story of a PCV couple who've used PCV's Suggested Contractor List several times – and with very good results!

When their kitchen sink was clogged, they checked out a plumber listing with the person who submitted the suggestion to our list. It was a plus, they said, to get information from another member before contacting the service provider. "The plumber showed up on time, snaked out the pipes underneath the sink and resolved the problem. We were happy with the service."

Recently, they contacted the same plumber for a different problem, and he again performed the job quickly and competently. "We'd call the same plumber again, when needed," the husband said.

The couple used a different Suggested Contractor listing to get their front walkway power washed about a year ago. The work was done well, the wife said, enhancing the appearance of their home, and also making it safer, since the walkway was no longer slippery when it rained.

The Suggested Contractor List is a good resource for finding high quality service providers and a nice benefit of PCV membership, the couple says. The husband added how important community is in contributing to and using the list: "Sharing information is a form of giving to the Village. We're all in this together."

π (Pie) Day Social Gathering for PCV members, Wed., March 14



Don't try to square the circle, embrace it! Wrap your arms around its circumference and celebrate the Greek Pi, π , with American PIE. The ratio of circumference to diameter is approximately equal to 3.14, so we honor it on March 14, this year with a party for PCV members at 2:30 p.m., at a private home in Potomac. In addition to pie, we'll be serving fresh fruit. RSVP to 240-221-1370 by March 12 for location / directions.

Creating a Master-Plan to Live at Home Forever

Thursday, March 15, 7 pm

With “aging in place” specialist Russ Glickman of Glickman DesignBuild. At OASIS at Macy's Home Store at Montgomery Mall. Free and open to all. Questions? 240-221-1370.

“LBJ: The Women Behind the Man”

Thursday, April 19, 7 pm

We all remember Lyndon Baines Johnson. Medicare, Medicaid, civil rights, voting rights - and the War in Viet Nam. In this talk, Joan Adams examines the ways in which the women who surrounded LBJ influenced his life and work. Ms. Adams is a well-known speaker at Osher and Washington Adventist University. Potomac Comm. Ctr. Free and open to all.

A welcome, a thank you for renewing, and fun with PCV

Welcome to these new Potomac Community Village members: **Regina Dwyer, Kurt Kohn, Reiko Robertson, and Evelyn Spies**. And thanks for her continued support of PCV to **Eleanor Sorbello**, who recently renewed her membership.

What do you get when you're a part of PCV? A network of neighbors and friends, with neighbor helping neighbor with some of the mundane and ordinary parts of life that sometimes become hard to do, along with connections to others that grow into new friendships and new possibilities.

Our Village, like others in the Village movement, is designed to enable members to do what the social scientists call "aging in community" but what we call staying in our own homes - for as long as we safely can. Yes, our volunteers offer assistance with occasional transportation, electronic devices, household chores and friendly phone calls and visits, but our Village mostly offers the opportunity to build connections with others, having fun and creating new strengths for our brains, our bodies and our hearts. See our calendar below and begin to make some new connections.

Calendar:

- **Tuesday, March 13, 12 noon: Social Lunch at Tally Ho Restaurant in Potomac Village.** Open to all, not just members. RSVPs preferred by Monday, March 12, 240-221-1370, but it's OK if you just show up.
- **Wednesday, March 14, 2:30: Celebrating Pi Day with Pie, a members' social event.** We will gather at a private Potomac home. See other side for details and please RSVP, 240-221-1370, by Monday, March 12.
- **Thursday, March 15, 7 pm: "Creating a Master-Plan to Live at Home Forever,"** with Russ Glickman of Glickman DesignBuild. **NOTE: We will meet at OASIS, at Macy's Home Store at Montgomery Mall,** a new location for us. Please call 240-221-1370 for more information.
- **Members' Book Group on March 20 at 1:30:** on *Strangers in their Own Land*, by Arlie Russell Hochschild. For location and to RSVP, please call 240-221-1370.
- **Thurs., March 22, 12:30: Members' ROMEO Lunch,** Corner Bakery Cafe. RSVP 240-221-1370 by Mar. 21.
- **Walk on the Canal returns on Saturday, April 7, 9:30 - 11:30,** members only. SEE BELOW
- **Tuesday, April 17 at 1:30: Members' Book Group,** talking about *The Sellout*, by Paul Beatty.
- **Thursday, April 19, 7 p.m. "LBJ: The Women behind the Man."** SEE OTHER SIDE.
- **Tuesday, April 24, 12 noon: April Social Lunch at Tally Ho Restaurant in Potomac Village.**
- **Thursday, April 26, 12:30: Members' April ROMEO Lunch,** at the Corner Bakery Café.

Walk on the Canal Saturday, April 7, 9:30 - 11:30

Members only. Spring returns March 20 so, weather permitting, it is time for fresh air, exercise and socializing. We'll meet at Great Falls Tavern at 9:30. Call 240-221-1370 or email info@PotomacCommunityVillage.org by Friday, April 6, so we know to expect you. When you RSVP, please give us your cell phone number, so if we need to make a change on Saturday morning, we can reach you.

PCV Lunches: Some are open to all, some are just for members

- **Social Lunches at Tally Ho, open to all.** Tuesday, March 13, and Tuesday, April 24, at 12 noon. Stop by for a tasty bite and spirited conversation, and a pleasant way to get to know more about PCV. Attendees pay for their own lunch. RSVPs preferred, but not required, by day before, at 240-221-1370.
- **ROMEO lunches (Retired Older Men Eating Out), for members,** on Thursday, March 22, and Thursday, April 26, 12:30, Corner Bakery Café, Westlake Drive. RSVPs requested by the day before, 240-221-1370.
- And **special lunches, just for members,** such as our recent Chinese New Year Lunch. Pictures from that lunch are on the PCV Facebook page: www.Facebook.com/PotomacCommunityVillage.

Thank you to: Carol Nerenberg, of Berkshire Hathaway PenFed Realty's Bethesda office, for printing our newsletters each month. Carol can be reached at 202-957-5559, or carol@carolnerenberg.com. Thanks as well to newsletter writers **Hannah Fisher, Sheila Moldover and Mel Rumerman,** proofreaders **Marcia Akresh, Len Blackman, Carol Hankin and Kim Redlich,** and press release writer **Helen Dalton.** We welcome additional writers, photographers, proofreaders and graphic design help. Please call us at 240-221-1370 for more information.