



Potomac
Community
Village

June - July 2017

"your roadside assistance on the journey of life"

240-221-1370

info@PotomacCommunityVillage.org

www.PotomacCommunityVillage.org

Potomac Community Village News

Community, Friendship, Volunteer Help: all just a phone call away

Need help? Just call our Help Desk 240-221-1370 - and ask! In the past few weeks, we've had more than 50 calls to our Help Desk and an equal number to our info@ email address. What happened as a result? Volunteers are cooking and delivering meals to a member who fell and broke her arm. Other volunteers offered household help, home visits, computer help and rides to medical appointments. Members asked for and got names from our Suggested Contractor List. One of our members – also a docent at the Kreeger Museum – led a member-only tour there, with most of us going out to lunch after and taking advantage of the opportunity to get to know each other better. Members arranged to get together at the ROMEO lunch, or get rides to come to one of our social events. It's what happens every month at PCV. Building a community, growing friendships, learning and sharing and helping each other as we "thrive in place" in the homes we love.

Your good ideas wanted and needed!

PCV needs volunteers to help in two areas starting this fall, and you don't need to be a member to help out!

- We need a few people to help with refreshments at PCV-hosted events, starting in September. If you could bring light snacks and sweets or bring in cold beverages and paper goods on occasion, as well as help to set up, it would be greatly appreciated. We'd like to be able to rotate this responsibility among more attendees, and you'll be reimbursed for what you spend. To learn more, please email us at info@PotomacCommunityVillage.org or call 240-221-1370.
- Our Program Team needs your ideas and suggestions for good speakers, films and other program ideas, as, starting in September, we'll be holding occasional daytime events at the Potomac Community Center as well as continuing to hold evening events at the Bolger Center. We're also planning a number of special members-only programs. As you can see, planning for meetings and special events is becoming an even bigger job. If you know about a good speaker or special film or another program idea and/or you want to participate in or lead a particular program, please phone 240-221-1370 or email info@PotomacCommunityVillage.org. Remember, you don't need to be a member to help out.

ROMEO (Retired Older Men Eating Out) Lunch set for June 22

PCV's member-only just for men ROMEO social lunch meets on Thursday, June 22 at 12:30, at the Corner Bakery, Westlake Drive near Montgomery Mall, with members paying for their own meal. Please RSVP by Tuesday, June 20 to info@PotomacCommunityVillage.org, or to 240-221-13780. Please let us know if you need a ride or can provide one. See you there!

Next Meeting – Thursday, July 20, 6 - 9 p.m.

Summer Potluck Dinner and musical entertainment!

Join in celebrating our volunteers!

Free! All welcome. Potomac Community Center, 11315 Falls Road, Potomac

See the back page for details!

Open to all, a Social Lunch at Tally Ho, Tuesday, July 11

Come have lunch with PCV members and friends, Tuesday, July 11, from noon to 1, at Tally Ho Restaurant on Falls Road in Potomac Village. It's another opportunity for us to meet our Potomac neighbors, get to know one another better, and chat about "thriving in place" in our well-loved homes. Participants pay for their own lunch. RSVP please by Monday, July 10, at 240-221-1370 or info@PotomacCommunityVillage.org.

An evening to remember, Thursday, July 20, 6 – 9 p.m.

Summer Pot Luck Dinner, music, and we'll honor our volunteers!

Like to eat? Then come on down to PCV's Summer Pot Luck Dinner!

Like to cook? Wonderful!

Don't like to cook? Also wonderful! You don't need to cook for the Pot Luck, but can pick up already prepared food, like salad from a salad bar, cut up veggies and dip, chips and salsa, pizza or a barbecued chicken, for example. It's far more important to all of us that YOU attend, rather than that you bring home-prepared food.



We'll also be honoring our volunteers, in particular our Help Desk agents and a special surprise volunteer.

Talking about volunteers, we need a few of you to help set up the room, starting at 5:00 p.m. If you can help, please call us at 240-221-1370 by Monday, July 17.

Food assignments are as follows, based on the first letter of your last name:

- **A – D:** Appetizers (which could include cheese and crackers, veggies or chips with hummus or other dip, egg rolls, stuffed vegetables etc.)
- **E – H:** Vegetables (as a side dish. Could be baked beans or sautéed or steamed veggies.)
- **I – L:** Fresh salads (such as cole slaw, carrot salad, Waldorf, Caesar, beet salad, potato salad, tossed salad.)
- **M – R:** Entrees/main courses (your choice.)
- **S – V:** Pasta (spaghetti with a light sauce, mac and cheese, miso noodles, pasta salad, etc.)
- **W – Z:** Desserts

The Pot Luck Dinner is open to all, not just PCV members, so you are welcome to bring non-member friends.

Please mark your calendar to join us on Thursday, July 20, at 6 p.m. at the Potomac Community Center – regardless of whether you cook! And please let us know you'll be coming – 240-221-1370 - by Tuesday, July 18.

Upcoming events at PCV....

- **The PCV Book Group (members only) meets Tuesday, June 20 at 1:30** to discuss *A Man Called Ove*, by Fredrik Backman. For location, directions or questions, please call 240-221-1370.
- **ROMEO lunch, Thursday, June 22, at 12:30.** Open to all male members. Pay for own lunch.
- **Theater Party at Roundhouse Theater, Tuesday, June 27, 7:30 p.m.** Sold out. To get on the mailing list for future member-only theater outings, please call 240-221-1370.
- **Lunch at Tally-Ho Restaurant, Tuesday, July 11, at noon.** On Falls Rd. in Potomac Village. Please RSVP to 240-221-1370 or info@PotomacCommunityVillage.org by July 10.
- **July board meeting on Tuesday, July 11, 7 p.m.** Please call us, 240-221-1370, if you'd like to attend.
- **Pot Luck Dinner and honoring our volunteers, Thursday, July 20 at 6 p.m.** at the Potomac Community Center. Entertainment included! Details above. Open to all. Free! Please rsvp by July 18.
- **Tour at the Beall-Dawson Museum in Rockville. Late June date TBD.** To learn more, 240-221-1370.
- **New! A members' Bike Group now forming! June / July dates TBD.** If interested, call 240-221-1370 and we'll be in touch with all the details.
- **Walk on the Canal, members only, July dates TBD.** Call us at 240-221-1370 for more information.

Thank you to: *Potomac Pizza* for their donation of a gift card for our raffle, and to **Carol Nerenberg**, of *Berkshire Hathaway PenFed Realty's Bethesda office*, for printing our newsletters each month. Carol can be reached at 202-957-5559, or carol@carolnerenberg.com.