



Potomac
Community
Village

July – Aug – Sept 2017

“your roadside assistance on the journey of life”

240-221-1370

info@PotomacCommunityVillage.org

www.PotomacCommunityVillage.org

Potomac Community Village News

Friendship, Volunteer Help, Saving Money!

It's all just a phone call away...

Need help? Just call our Help Desk 240-221-1370. What happens when you call? You save money! Says one PCV member, “We needed someone to repair our stone walkway. One contractor whose name I got from Next Door Neighbors said we needed to pull out the entire walkway and re-do it. Another contractor said the repair job would take 10 days and cost \$4900. The one that came from the PCV Suggested Contractor List said 3 days and \$1600. They just finished the job, and it looks great.”

What else? You sign up for a museum tour, an end-of-summer party, or to go out for lunch. We have ROMEO lunches on July 27 and August 24, a Tally Ho lunch on August 17, an end-of-summer party in late August, and a Library of Congress tour on Sept. 6.

You get volunteer help. This past month, volunteers provided household help, computer help, meals for a member who broke her arm, and rides to medical appointments. It's what happens every month at PCV. Building community, growing friendships, saving money, learning and sharing and helping each other as we “thrive in place” in the homes we love. Call us at 240-221-1370 to find out more.

Yes, we offer rides, but only to PCV members, and only locally

Our Help Desk got a number of calls in recent weeks indicating that PCV's name is getting around. “I hear you offer rides,” says the voice on the phone. “Yes,” replies the Help Desk volunteer. “My family needs a ride to the airport,” says this non-member. They are gently told to contact Uber or the Super Shuttle. A call comes in from a member. “I need a ride to my doctor at Johns Hopkins in Baltimore.” We understand the need, but our rides program is for the local area only. Our thanks to our Help Desk volunteer agents, our volunteer drivers and all of our other volunteers for making possible the services we offer our members.

Mark your calendars for these PCV events

Thursday, July 27, 12:30 – ROMEO lunch

Saturday, July 29, and Sunday, August 13, 9 a.m. – Walks on the Canal

Thursday, August 17, 12 noon – Lunch at Tally Ho

Thursday, August 24, 12:30 – ROMEO lunch

Late August, date TBD - End-of-Summer Party for Members, Active Volunteers

Wed., Sept. 6, 10:15 – Docent-led Tour at the Library of Congress

Thurs., Sept., 14, 7 p.m. – Humorist Helen Abrahams, for a fun-filled evening

Tuesday, Sept. 19, 12:30 – Falls Prevention Lunch & Learn, Potomac Community Center

Tuesday, Sept 19, 1:30 – PCV Book Group meets

Monday, Sept 25, 4:30 – 6:30 – Webcast presentation, Dr. Atul Gawande

Details on these events are at www.PotomacCommunityVillage.org or call 240-221-1370.

Eating out with friends!

Come have lunch with PCV members and friends, **Thursday, August 17**, from noon to 1:30, at Tally Ho Restaurant on Falls Road in Potomac Village. It's open to all, and another opportunity to meet our Potomac neighbors, get to know one another better, and chat about aging in place, aging well, and whatever else comes to mind. You pay for your own lunch. RSVPs preferred, please by Wed., Aug. 16, to info@PotomacCommunityVillage.org, or 240-221-1370, but if you forget to RSVP, you're still welcome to come over, say hello and stay for lunch.

PCV's member-only just for men **ROMEO social lunches** (Retired Older Men Eating Out) will meet on **Thursdays, July 27 and August 24**, at 12:30, at the Corner Bakery, Westlake Drive near Montgomery Mall, with members paying for their own meal. We'd prefer if you RSVP'd by the Tuesday before, at 240-221-1370 or info@PotomacCommunityVillage.org. Please let us know if you need a ride or can provide one.

Saturday, July 29, and Sunday, August 13, starting at 9 a.m.

Some Pleasant Walks on Tap for PCV members

Come join a friendly group of walkers as we walk along the C&O Canal, in Cabin John Park, and other nearby locations for about 2 hours. The group will then gather for a snack and getting to know each other better. Walks will not be held if it's raining or very hot. To sign up, to learn more, please call us at 240-221-1370 or info@PotomacCommunityVillage.org. When you call or email, please leave your name and cell phone number so we can touch base with you the morning of the walk if there is a change in plans. Thank you to our Walk Coordinators, Sheila and Barry Taylor.

Members' Biking Group, with plans for bike rides in September. If interested, please call us at 240-221-1370 and we'll be in touch with all the details.

Docent-led tour of the Library of Congress' World War I Exhibit

PCV members and active volunteers are invited to sign up for a free docent-led tour of the Library of Congress' new exhibit, Echoes of the Great War, on Wed., Sept. 6, at 10:30. The tour is expected to last for about 45 minutes. We should plan to arrive at the Library of Congress by 10, so there is time for the security check-in, coat-check and bathroom stop in time to meet at the Information Desk at 10:15. We have a limited number of spaces on the tour. If interested, please call us at 240-221-1370, and please let us know if you need a ride. We will probably go by Metro, as parking in that area is difficult. The exhibit is on the Library's 2nd floor. There are elevators for people who need them, but most visitors will be expected to manage stairs with no difficulty.



A few volunteers needed!

More **Help Desk volunteers** are needed. You'll be trained and have lots of people to call on for any questions. You will need a comfort level with computers. To learn more, please contact Help Desk coordinator Marla Cohen at 240-221-1370 or at info@PotomacCommunityVillage.org.

Program Team members wanted! We're off to a good start with

lots of programs, as listed on the other side, but still need your ideas and suggestions for good speakers, fun programs, special films, along with your help in getting all of these wonderful events organized.

You don't need to be a member to be on our program team or to help out with refreshments. Please be in touch at 240-221-1370 or info@PotomacCommunityVillage.org to learn more, offer your help.

Thank you to: *Carol Nerenberg, of Berkshire Hathaway PenFed Realty's Bethesda office, for printing our newsletters each month. Carol can be reached at 202-957-5559, or carol@carolnerenberg.com. Thanks as well to the Bolger Center, Potomac Community Center and Potomac Library for providing meeting space, and to Tally Ho Restaurant for providing a discount to PCV members.*