



Potomac  
Community  
Village

July- August 2016

*"your roadside assistance on the journey of life"*

240-221-1370

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[www.PotomacCommunityVillage.org](http://www.PotomacCommunityVillage.org)

## Potomac Community Village News

### PCV's Membership Year Started July 1! It's time to join, time to renew!

Planning to join but been putting it off? Join now, and you can take advantage of our member-only Tech Tutorial (see details below), help make sure that PCV is there when *you* need it, just like any other insurance policy, and support a worthwhile cause. Standard membership, for those who live in the 20854 zip code, is \$150 per household, \$100 for an individual, and includes volunteer services, social activities, access to our Suggested Contractor list and our member discounts. Associate membership (if you live outside of 20854) is \$75 for a household, \$50 for an individual and does not include volunteer services. Dues are tax-deductible. Any questions, please contact us at 240-221-1370 or by email at [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org). Membership forms can be found on the PCV website, [www.PotomacCommunityVillage.org](http://www.PotomacCommunityVillage.org), or call or email us.

### Afternoon tea and morning coffee will resume this fall!



Both events will return to the convenient and well liked Corner Bakery located on Westlake Drive near Montgomery Mall. Morning coffee will be at 10 a.m. Thursday, September 8, while afternoon tea will be at 3 p.m. Tuesday, September 13. Open to members and non-members alike, it's a chance to chat with Potomac-area neighbors, meet new people. More info on the PCV website, [www.PotomacCommunityVillage.org](http://www.PotomacCommunityVillage.org).

### A Tech Tutorial – another benefit of membership - set for August 8

Does your electronic tablet confuse you? Is your smart phone mystifying? Does your laptop refuse to cooperate? Or do you have other problems or questions regarding your electronic "helpers"? If you missed the first tech tutorial on July 18, you have another opportunity to learn from the tech-savvy high school students from the Bullis School who will tutor, answer questions or share the most current apps from 10:15 a.m. to 12:30 p.m. on Monday, August 8 at the Oasis center inside Macy's, Westfield Montgomery Mall. If you did not have all your questions answered in July or need a refresher, you are welcome back. Please bring your laptop, Kindle, smart phone, tablet or other devices. When you sign up, please let us know which device(s) you are bringing so that our tutors can be better prepared to help. This free benefit is a wonderful opportunity for PCV members to take control and full advantage of their electronic equipment, opening doors to instant communication, information and entertainment. Please register in advance, either by calling the help desk at 240 – 221 – 1370 or emailing [info@potomaccommunityvillage.org](mailto:info@potomaccommunityvillage.org), or use the sign up form on the PCV website.

**Next Meeting – Thursday, September 22, 7 – 9 p.m.**

**Louis Tenenbaum, universal design expert, speaking on "National Policies to Promote Aging in Place"**

**Please phone the help desk or check the website after Aug. 22 for the location.**

***All welcome. Bring your friends and neighbors!***

## Books, bricks, printers, painters, pools...

What kind of help do PCV members ask for – and get?

This past month, four of our members needed technology assistance: getting help with a printer that wasn't working as it should and with setting up a new computer, among other problems. Another member asked for, and received, help with packing up books and getting them delivered to the library for donation. Many calls came in asking for names of suggested contractors, including a need for painters, plumbers, fence repair, handymen and a pool repair company. Still other members received transportation, most commonly to daytime doctor appointments, but also to PCV's evening meetings, since they don't drive at night. This is what PCV is all about – neighbor helping neighbor and being what we like to call "a network of friends and neighbors." We may not have known each other before, but as PCV members and volunteers – helping each other, getting together for coffee or at teas, at theater events, lunches or dinners, talking at monthly meetings, caring about each other – we're becoming friends.

If you think some volunteer help might make your life a little easier, or you're interested in volunteering to help others, please don't be shy. Call our Help Desk – 240-221-1370 – or send us an email – [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org) -- to explore the possibilities.

## Upcoming Events:

- **PCV's table at the Fortune Terrace Walgreens on Tuesday, August 2**, (Senior Discount Day) 2 – 5 p.m., when we hand out fliers and newsletters and publicize the PCV mission. To volunteer to staff the table, please contact Honey Rosen, [hrosen@msn.com](mailto:hrosen@msn.com), or 301-983-1083.
- **Tech tutorial – Monday, August 8, 10:15 a.m. – 12:30 p.m.** at the Oasis center inside Macy's, Westfield Montgomery Mall. Members only. Register in advance. Details on other side, or see the PCV website.
- **Morning coffee** – 10 a.m. Thursday, September 8.
- **Afternoon tea** – 3 p.m. Tuesday, September 13.
- **Book Group – resuming Tuesday, September 20, 1:30-3:30 p.m.** The September session will discuss "The Blue Zones Solution: Eating and Living Like the World's Healthiest People" by Dan Buettner. October's meeting will be on Wed., Oct. 19, a one-time change from the usual third Tuesday of each month. The book group is for PCV members only but new members are always welcome. To receive advance information on the books and meeting dates, as well as for directions, and to RSVP, please contact Linda Perlis at 301-299-6181 or [LJPerlis@gmail.com](mailto:LJPerlis@gmail.com).
- **Monthly meeting – Thursday, September 22.** See other side for details. The organizing committee currently has general meeting programs scheduled through January 2017.
- **Theater party at the Round House** – in two parts! "Angels in America" by Tony Kushner. Part 1 on Tuesday, October 18; part 2 on Tuesday, October 25.
- **Future plans!** Hosting a booth at Potomac Day and marching in the Potomac Day parade with the banner bearing our new logo. More afternoon movies! Possibly, a program on falls prevention and exercise, as part of the National Institute of Aging's Go4Life Month in September.



PCV acknowledges the following for their significant donations: the **Bolger Center; Carol Nerenberg**, of **Berkshire Hathaway PenFed Realty's** Bethesda office, reachable at [carol@carolnerenberg.com](mailto:carol@carolnerenberg.com) or at 301-961-6000; **Hopkins & Porter**, a construction and handyman services firm at 301-812-3161 or [www.hopkinsandporter.com](http://www.hopkinsandporter.com). PCV's Volunteer Appreciation event also recognized the following Community Supporters: Carpet and

Vacuum Expo, Tally Ho restaurant, Potomac Yoga, Premier Homecare, 123 Junk, and Squeals on Wheels Petting Zoo for offering discounts to our members. PCV also appreciates the gift cards for refreshments and for our fund-raising efforts donated by: Attman's Deli, Brooklyn's Deli, Gregorio's Trattoria, Harris Teeter at Park Potomac, Lahinch Irish Tavern, Normandie Farm, Strosniders Hardware, Trader Joe's Rockville, and Walgreens at Fortune Terrace.