

Learn How To Communicate More Effectively

Attendees at the Potomac Community Village's monthly gathering June 21 will learn how to be alert to non-verbal manifestations that can hijack communication among individuals, groups, parents and their children, partners or spouses, and just about anyone on the other end of the spoken word.

"Non-verbal clues are the invisible cover which influence our communica-

tions habits," said Dr. Enid Portnoy, guest speaker for the upcoming event. "You can't help being affected by responses displayed when interacting with others." Portnoy will demonstrate how people can be detectives to discover how they impact their own daily behavior.

Portnoy is a retired associate professor of communications studies and gerontology, with degrees from Northwestern University

and West Virginia University. She resettled in Maryland after a 43-year teaching career in the Communications Studies Department at WVU, and is also a presenter at the Oasis organization. PCV's June 21 meeting takes place at 7 p.m. at the Potomac Community Center on Falls Road in Potomac. PCV is a non-profit network of neighbors and friends geared to enabling older Potomac residents to age in place in their existing homes by

creating social connections and providing volunteer services such as transportation, computer assistance and simple home repairs. For more information, to volunteer or get volunteer help, contact 240-221-1370, info@PotomacCommunityVillage.org or check out www.PotomacCommunityVillage.org or www.Facebook.com/PotomacCommunityVillage.