



Potomac Community Village News

Potomac Community Village: neighbors working together to:

- help each other, help ourselves, to thrive
- maintain independence
- preserve peace of mind
- create community, connection, friends
- provide the security of knowing that one phone call is all you need to bring help
- empower us to age in place as long and as safely as possible

Give the Gift of a Lift! Be a PCV Volunteer Driver

Our volunteer driver corps is growing, but to meet the needs of our members, we'd love to have more drivers on our list. It's simple to be a driver, and even one hour of your time can make a real difference for someone who cannot drive. Volunteer drivers can choose when and where they drive, and can always say no. Drivers will attend a training session, will undergo a background check and also will be covered with additional insurance through the Village Rides program. To learn more, please contact PCV VP Jill Phillips at jill.phillips@ymail.com or 703-424-0494. Thank you to the *Potomac Almanac* for publishing our press release about the need for volunteer drivers in their Jan. 27 issue, and their on-going help with publicizing our Village.

Do You Have a Great Handyman? Or Someone You Call on to Plow Snow?



We're always looking to add names to our Neighbor-Suggested Contractors List, to further enhance one of PCV's member benefits, and, after the blizzard, we could have used a few more who clear snow from driveways and walks. If you've used a contractor or other service provider recently whose work you liked – handymen, plumbers, seamstresses, upholsterers, etc. - please inform us by contacting our List Coordinator, Dita Smith, at smithdita@mac.com or 301 – 983 – 9354. If

you're a member and would like the names of suggested contractors, please call the Help Desk, 240-221-1370.

Members-Only Tour of the Museum of American History Set for Thurs., March 10

Our PCV members-only tour will start with a VIP Highlights Tour at 11 a.m. and then continue with lunch, and tours of the American Enterprise, the Price of Freedom and Giving in America exhibits. We'll meet at the Cabin John shopping center at about 9:30 a.m., carpool to Metro, and then travel downtown via Metro as a group. If you want to travel downtown on your own, please meet us at the Constitution Avenue information desk at 10:45 a.m. To sign up, or for questions, please go to "Museum of American History" under the sign up tab at PCV's website, www.PotomacCommunityVillage.org. Thank you to PCV member (and museum docent) Alice Goodman for arranging this for us.

Next Meeting – Thursday, March 17, 7 – 9 p.m.

Cookbook author Sheilah Kaufman on "The History of Chocolate"

(See other side for more about our speaker)

program includes a sampling of different chocolates

Bolger Center, Franklin Bldg., room F-1, 9600 Newbridge Dr., Potomac

Parking Lot #1. All welcome. Bring your friends and neighbors.

Preview of March 17 speaker, culinary expert Sheila Kaufman



Ms. Kaufman, a food editor, culinary lecturer and teacher, award-winning author of 26 cookbooks, and editor of numerous others, is known for her “fearless and fussless” approach to cooking and entertaining. Her books and classes span global cuisine. She has been a guest speaker for Epcot’s Food and Wine Festival, the Smithsonian Institution, the Turkish Embassy and the Textile Museum, among other venues. Ms. Kaufman has written about food for many publications, including The Washington Post, and has developed recipes for Dickinson/Smucker’s, Beatrice Foods and Sunsweet. She is a member of Les Dames d’Escoffier and the International Association of Culinary Professionals. Her talk promises to be fascinating. After all, who doesn’t like chocolate!?!

Police Chief Offered Words of Wisdom on Safety During PCV’s January Meeting

Thanks to Rockville Police Chief Terry Treschuk, for his engaging and informative talk on ways to stay safe at home during PCV’s Jan. 21 monthly meeting. If someone you don’t know rings the door bell, ask what they want before you open the door, and don’t be your “normal trusting self,” he cautioned. If the person at the door asks to use your phone in an “emergency”, ask for the number and tell them you’ll call on their behalf, or you’ll call the police for them. If they’re honest, they’ll give you the number, or wait for the police. Don’t hide your extra house key in fake rocks, he said, because thieves know to look for them. Instead, pick a hidden place that only your family members know, such as tucked away inside your gas grill. We plan to post more safety advice from the Chief on the PCV website shortly. Stay tuned!

Second Set of Fire Safety Home Inspections Completed

PCV member Jane Margolius is enthusiastic about her recent PCV-sponsored Fire Safety Home Inspection which discovered outdated smoke and carbon monoxide detectors, recommended replacement equipment and provided her with advice, such as sleeping with her bedroom door closed. “I can’t say enough about how nice and helpful” they were, she declared. Ten PCV member households, including Ms. Margolius, had their homes “safety inspected” in early February; nine others had it done in June. Kudos to PCV member Elisabeth Schouten and James Resnick, Program Manager for Senior Outreach for the County’s Fire and Rescue Service, for this successful program to help us be safe in our homes. We plan on holding another one in the fall.

PCV Members Celebrate Year of the Monkey at Luncheon Banquet

At press time, we were planning for a festive crowd of PCV members at a multi-course feast to celebrate the Chinese New Year and welcome the Year of the Monkey, at the China Gourmet Bistro on Feb. 8. A big thank you to PCV members Nancy Huang and Mable Lam, who shared their knowledge with us, creating a cultural, educational and culinary fun time. This successful event is likely to reappear. The Year of the Rooster begins January 28, 2017, so be prepared for another party!

Upcoming Events: There’s a Lot Going On!

- **Book Group – Monday, Feb. 15, 1 – 3 p.m.** and **Tuesday, March 15, 1:30 – 3:30 p.m.** at the Perlis home. February book is “The Train to Crystal City” by Jan Russell; March book is “Bossy Pants” by Tina Fey. Book group is for PCV members only but new book group members are always welcome. For directions, and to RSVP, please contact Linda Perlis at 301-299-6181 or LJPerlis@gmail.com.
- **PCV Theater Party – Tuesday, Feb. 16, 7:30 p.m.** We’re sold out for this show. Our next PCV theater party is on Tuesday, April 12, to see “Cat on a Hot Tin Roof.” Once again, members \$10, non-members \$15. If interested, please go to the “Theater” sign up tab on www.PotomacCommunityVillage.org.
- **PCV’s Table at the Fortune Terrace Walgreens on Tuesday, March 1, (Senior Discount Day) 2 – 4 p.m.,** when we hand out fliers and newsletters and publicize the PCV mission! To volunteer to staff the table, please contact Honey Rosen, hhrosen@msn.com, or 301-983-1083.
- **Morning coffee – Wednesday, March 2, 10 – 11:30 a.m.** at the Corner Bakery, Westlake Drive. Open to all. Details at the “Coffee” sign up tab on www.PotomacCommunityVillage.org.
- **Daytime Movie!** In response to many requests for more daytime events, we’re planning for a movie, with a tentative date of Tuesday, March 22. Details of date, time, location and film title coming soon.