



Potomac
Community
Village

Dec. 2017 – Jan. 2018

"your roadside assistance on the journey of life"

240-221-1370

info@PotomacCommunityVillage.org

www.PotomacCommunityVillage.org

Want to know more, or want to join? Call us at 240-221-1370

Potomac Community Village News

A Welcome to New Members and Volunteers

January 1 marks the start of the new year, but for PCV members a new membership year starts the day you join and ends the last day of the month one year later. (For those who've been watching, this is a change from how PCV first started. At that time our membership year ran from July 1 to June 30.) And, of course, we welcome volunteers at any time of the year.

Early in December, we held a *Get to Know PCV* social event (pictured here) for people interested in getting more involved with us, as members and as volunteers. You don't need to join to be a volunteer – and some of our most active volunteers are not members. But you do need to join if you want to take advantage of our member-only benefits: our social and cultural events, our Suggested Contractor List, our Home Fire Safety Inspections and our member discounts. And you need to live within the 20854 zip code to access PCV's help with transportation, assistance with computers and other electronic devices, friendly phone calls and visits and home chores.



Want to know more about joining or volunteering?

Call us at 240-221-1370, email us at info@PotomacCommunityVillage.org, or visit our website, www.PotomacCommunityVillage.org; or Facebook page, [Facebook.com/PotomacCommunityVillage](https://www.facebook.com/PotomacCommunityVillage).

Thursday, January 18, 7 p.m., at the Potomac Library

"Words, Phrases and Nursery Rhymes – A Brief History"

O.K. So you decided to turn a blind eye to all the political back and forth for at least a day and spend time with your grandkids playing Ring Around a Rosie, after which they were so tired you put them to bed with a "goodnight, sleep tight."

Well, maybe you didn't, but the point of this little anecdote is that it contains expressions or sayings we all use but don't know where they come from. You'll learn all about the where and why on Thursday, Jan. 18, 7 p.m., at the Potomac Library, when our speaker, Sheilah Kaufman, tells us about the origins of many common expressions. Though Ms. Kaufman is well-known as the author/editor of more than two dozen cookbooks, she's had an interest in language and the origin of expressions for decades. And she's been a frequent speaker on this topic as well as on cooking and food. This program promises to be entertaining and informative, something you can phone your friends and family about if you are stuck at home when it's raining cats and dogs.

Coming in February: "If You're Not in the Obit, Eat Breakfast"

A well-reviewed documentary film hosted by Carl Reiner tracks down a number of notable nonagenarians who demonstrate how the twilight years can be rewarding. Released in May 2017, the cast includes Betty White, Tony Bennett, Mel Brooks, Kirk Douglas, Dick Van Dyke and others -- as themselves. One priceless excerpt: Dick Van Dyke relates, "I have people who say to me, 'You look good.' Nobody, when I was thirty, said, 'You look good.' What they mean is, 'You don't look dead.'" *Screening date and location TBD.*

PCV Member Directory Now Available

PCV's Member Directory has now been printed. It contains the contact information for our members, with the exception of those few who asked to be unlisted. We've also listed our members' interests and sub-divisions, all with the goal of helping members meet others who live nearby and who share similar interests. One copy per membership unit is being distributed to members at PCV events and by mail. If you have not received your copy by the middle of January, please call the Help Desk at 240-221-1370.

Planning Ahead...



Though things slow down a little bit for PCV during the holiday season with the exception of the **Book Group that meets on Dec. 19** (with a discussion on *Once We Were Brothers*, by Ronald H. Balson), but we have big plans for 2018.

- **We start off the new year on Jan. 4 at noon, with our monthly social lunch at Potomac Village's Tally Ho Restaurant**, 9923 Falls Road, for a tasty bite and spirited conversation. Member and non-member neighbors come together, connect with old friends and make new ones. *Open to all; attendees pay for their own meal.* RSVPs preferred, to 240-221-1370, by Wednesday, Jan. 3, but if you forget to RSVP you can come say hello and join us for lunch.
- **Jan 16, 1:30: Book Group meets** to talk about *The Spirit Catches You and You Fall Down* by Anne Fadiman. For members only, but new Book Group members are always welcome. To learn more, or for location and directions, please call 240-221-1370.
- **Jan. 18, 7 p.m. at the Potomac Library, "Words, Phrases and Nursery Rhymes – A Brief History"**
- **Jan 25, 12:30: ROMEO lunch**, (Retired Older Men Eating Out) for PCV members, at the Corner Bakery Café, Westlake Drive. RSVPs to 240-221-1370 by Jan. 24.
- **Early to mid February, for showing "If You're Not in the Obit, Eat Breakfast."** As soon as everything is confirmed, we'll post the date on our website, www.PotomacCommunityVillage.org.
- **Approximately Feb. 16 is when we'll once again celebrate Chinese New Year with a banquet luncheon**, for a delightful social, educational and culinary experience for our members. Location and exact date TBD.
- **March 15, 7 p.m. is the date for "Creating a Master Plan to Live at Home Forever"** with Russ Glickman of Glickman Design Build, who will share with us how to plan and what to plan for. Location TBD.
- **March 17:** Current plans call for another member's **St. Patrick's Day lunch**. Details coming in February.
- With spring coming, we look forward to our **outdoor walks on the C&O Canal**. Dates TBD.

We welcome your ideas and volunteer help in planning and organizing these and other events. Are you a docent at a museum who can arrange for a tour? Maybe you are a foodie and would like to arrange a lunch for a group? Are you an expert of some kind and would like to share your knowledge with a small group of interested people? Do you enjoy bowling? Scrabble? Bridge? Dining out? Movies? Get in touch -- call 240-221-1370 or email us at info@PotomacCommunityVillage.org, and let's talk about the possibilities.

A Drive for More Drivers!

PCV is continuing our campaign for volunteer drivers called "A Drive for More Drivers," and is asking volunteers to commit to a minimum of driving three times in the next 12 months. Though we have many volunteer drivers, we need more to meet our members' needs for rides to medical offices or to PCV social and educational programming. It's easy to become a volunteer driver – you are trained and undergo a background check. Call us to learn more. We'll tell you all about it - 240-221-1370.



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