

#### PCV POST MARCH 14, 2021

#### **PCV EVENTS**

Advance registration is required for PCV-hosted events. PCV members log into their accounts and click on the "Register" button for the desired event. If you are a member without a login password, please inform us at info@potomaccommunityvillage.org and the password creation email will be sent to you. Non-members should click on the "Register for this event" link and follow instructions to provide the required information and then again click "Register for this event." The Zoom link will be provided in the confirmation email.

**Tuesday, March 16, 1:30 - 2:30 pm. PCV Book Group** will discuss *Homegoing*, by Yaa Gyasi. This is a members' club but nonmembers can attend once and try it out. Click Book to learn more and register.

Tuesday, March 30, 4:30 - 6:00 pm. The Work of Our Hands and Our Hearts - A look back at the past year under Covid -19. This is a special event for members and volunteers to share their creations, their thoughts from this year of lockdown. We will also remember those we lost in that time as well as celebrate March birthdays as we look forward to a better year. Click Sharing to register.

#### **BILLBOARD**

Area organizations are presenting Zoom programs for varied interests. A listing for the next few weeks is provided here to help you plan ahead. The PCV calendar has details for these events as well as others. They are free and open to all. Click Homepage and select EVENTS tab. Generally advance registration is required. Please see the individual listings for further relevant details.

Wednesday, March 17, 4:30 - 5:30 pm. St. Patrick: The Man and the Myth. Click Saint for details and to register.

Friday, March 19, 11:00 - 12:00 pm. Author Marta McDowell will discuss her book "Emily Dickinson's Gardening Life." Click Emily for details and to register.

Wednesday, March 24, 2:00 - 3:00 pm. Laughing Matters-The Smithsonian's National Museum of American History's entertainment curator Ryan Lintelman will share his thoughts on the history of the sitcom and the importance of comedy in American life. Click Laugh for details and to register.

Thursday, March 25, 5:00 - 6:00 pm. Author Robert Plumb discusses his recent book "The Better Angels- Five Women who Changed Civil War America." Click Angels for details and to register.

#### INTERNATIONAL WOMEN'S DAY

Thursdays, March 18, 25, 4:00 - 5:00 PM. Women in America-Courtesy Sibley Senior Assoication via Zoom Join Monica Fitzgerald, Ph.D., as she takes us through a series on women in America in honor of Women's History Month:

- · Shattering Glass Ceilings: Women's Firsts in America
- · Gender in Early America
- · History of the Women's Movement
- · Women, Body Image, and the Media

Dr. Fitzgerald is the Program Director and professor for Justice, Community and Leadership at St. Mary's College of California and also a teaches the course: Women's and Gender Studies. She is the author of *Puritans Behaving Badly: Gender, Punishment and Religion in Early America*.

To register for this free series, email <a href="https://hprecou1@jhmi.edu">hprecou1@jhmi.edu</a> or call the Sibley Senior Association office at 202-364-7602. Attendees will be

given the zoom link after they register and may participate in all or some of the sessions via computer or phone.

### Montgomery County Public Libraries Present Women's History Month Events

Montgomery County Public Libraries (MCPL) will celebrate Women's History Month throughout the month of March. The month-long celebration, "Valiant Women of the Vote: Refusing to Be Silenced," offers programs suitable for adults and residents of all ages, featuring lectures, discussions, and story times. All events are virtual and free. Events include:

- Wednesday, March 24; 2 3 p.m. A Tale of Two Counties: The Status of Women in Montgomery County. Dr.Patricia Maclay, Commissioner with the Montgomery County Commission for Women will present an overview of the Commission's work in the community.
- Thursday, March 25; 3:30 4:30 p.m. Women against Slavery: Then and Now Book Talk: "Speak a Word for Freedom: Women against Slavery". Women abolitionists have always faced opposition, but they have persevered. The author will highlight the valiant work of several women abolitionists past and present.

For more information about MCPL Women's History Month events, visit the MCPL website.

Thanks for renewing your membership Bena Siegel, Sheila and Barry Taylor

## Blizzards and Storms and PCV's Storm Buddies program

Though we've been enjoying temperatures in the 70s this past week, it was also the anniversary of the famous Blizzard of 1888, when more than a foot of snow fell here. See Blizzard and more than two feet fell further north with winds roaring in excess of 50 mph. See Britannica. It's a reminder that **PCV's STORM BUDDIES PROGRAM** is here for us, not just for wintertime, but for any time with widespread power outages or other difficulties in which checks on your well-being might be warranted, for example during spring windstorms and summer thunderstorms. To be added to the Storm Buddies list, please contact the Help Desk at 240-221-1370 or 20854HelpDesk@gmail.com.

### PREPARE FOR THE COVID VACCINATION DAY AND AFTER

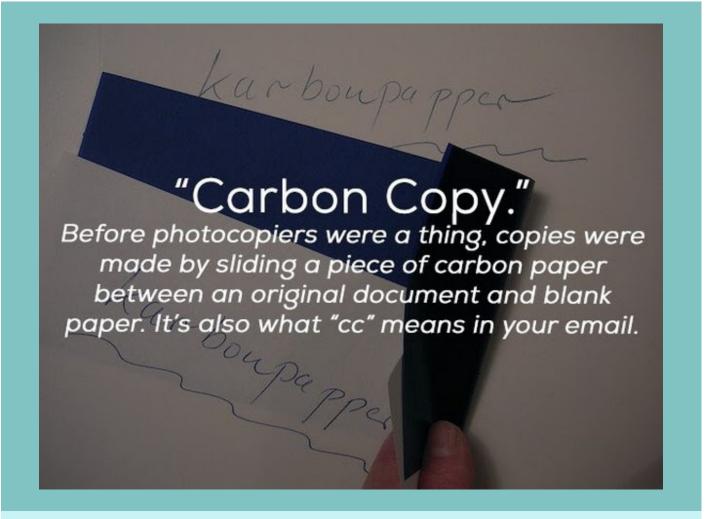
Are you scheduled to get your first or second dose of the Covid vaccine? Be prepared in case you have a significant flu-like reaction to it, as some of our members did.

Make sure you have the following on hand just in case:

Tylenol or Advil (or their generic equivalents) for fever, muscle and joint pain, headache.

And for the fatigue - something already prepared that is easy to eat like chicken soup with some cooked chicken in it, or whatever your easy to re-heat comfort cuisine might be, and some toast, tea, etc.

For our members who live alone—if you wish, contact the Help Desk a few days in advance of when you are scheduled to be vaccinated to request a check in phone call for the morning after that shot—to make sure you are OK, or if you need anything. You can reach the Help Desk at 240-221-1370 or 20854HelpDesk@gmail.com.



# COVID RELATED UPDATES Click here to access the Members' Only Covid-19 Information page on PCV website.

This page lists the websites and provides links for all the various locations--state, county, hospitals, pharmacies and grocery stores that are offering vaccines now (or will be soon). The intent of this page is to provide current information and is updated by your dedicated volunteers as additional information becomes available. You can always access here the latest information on COVID and vaccinations without having to look through your old emails.

**NEW! Have you heard of the Maryland Vaccine Hunters** and how helpful they have been to us all looking for vax appointments? Read about them on the regularly updated Members Covid page. Please contact our Help Desk at either 20854helpdesk@gmail.com or 240-221-1370 if you need assistance in preregistering for an appointment or to set up an appointment.

Also, please let us know at info@potomaccommunityvillage.org if you have been successfully vaccinated so we can possibly plan a few outdoor events as the weather improves.

### LINKS TO COUNTY WEBSITE PAGES ON DIFFERENT TOPICS

Click Vaccine and pre-register at the earliest to get an appointment for COVID vaccination. The registration is easy and quick with just your demographic and contact details. The registration can be for your own vaccination and/or for somebody else who is eligible as per the stated requirements of age, profession, etc.

Click Email/Text Updates to hear the latest about the status on vaccination from the county. They will send you more details as soon as they are available.

To understand the vaccine priority groups, click Priority
To visit the Covid 19 Information Portal click Covid
To visit the County's Testing Portal click Testing

PCV Help Desk 240-221-1370 Mon-Fri 9 am to 5 pm

20854helpdesk@gmail.com https://www.potomaccommunityvillage.org info@potomaccommunityvillage.org